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## INDIAN SCHOOL MUSCAT FINAL TERM EXAMINATION PSYCHOLOGY

CLASS: XII Sub. Code: 037 Time Allotted: 3 Hrs

26.11.2018 Max. Marks: 70

## **General Instructions:**

- 1 All questions are compulsory.
- 2 Answers should be brief and to the point.
- 3 Marks for each question are indicated against it.
- 4 Questions No.1-10 in Part A, are learning check type question carrying 1 mark each. You are required to answer them as directed.
- 5 Question No. 11-16 in Part—B are very short answer type questions carrying 2 marks each. Answer to each question should not exceed 30 words.
- 6 Questions No. 17-20 in Part— C are short answer Type I questions carrying 3 marks each. Answer to each question should not exceed 60 words.
- 7 Questions No.21-26 in Part—D are Short answer Type II questions carrying 4 marks each. Answer to each question should not exceed 100 words.
- 8 Questions No. 27-28 in Part-E are long type questions carrying 6 marks each. Answer to each question should not exceed 200 words.

## PART - A

L	is known as father of intelligence.	1
2	In which defense mechanism people attribute their own traits to others?  A. Repression	1
	B. Denial	
	C. Projection	
	D. Rationalization	
3	is a tendency to judge an individual on the base of any one favorable or unfavorable trait or character.	1
4	The essence of stress inoculation training program is replacement of irrational and negative thoughts with the positive and rational ones. (True/False)	1
5	Stress resistant personality is known as	1

6	A. Behavior therapy B. Logo therapy C. Gestalt therapy	1
7.	D. Client centered therapy Increasing self- awareness and self-acceptance is a goal oftherapy A. Behavior therapy B. Logo therapy C. Gestalt therapy D. Psychodynamic therapy	1
8.	Assigning causes to the behavior of others is known as	1
9.	Increase in level of performance of an individual in front of others is known as	1
10.	In the matters of capital punishment majority view is validated by the public and this view is known as	1 1
	PART - B	
11	Define technological intelligence and its features?	2
	OR	
	What is emotional intelligence and its characteristics?	
12	What is self-control and what are the ways of practicing self-control?	2
13	Define the terms life style and Resilience?	2
	OR What is psychoneuroimmunology and eustress?	
14	Explain different types of phobias in detail?	2
15	Explain various eating disorders in detail?	2
16	What are psychomotor symptoms of schizophrenia?	2
	PART - C	
17	Explain how does Guilford's theory will helpful to understand intelligence?	3
18	What is General Adaptation syndrome and explain in detail with graph?	3
19	Explain coping strategies proposed by Endler and Parker?	3
	<b>OR</b> What are the various sources of stress in day to day life explain with examples?	

20	Why do people obey even when they know that their behavior may be harming others? Explain.	3				
	PART - D					
21	Explain PASS model theory of Intelligence?	4				
	OR					
	Explain the relationship between creativity and intelligence in detail?					
22	Explain various mood disorders in detail?	4				
	OR Explain various dissociative disorders in detail?					
23	What are the factors contributing to healing in psychotherapy? Enumerate some of the alternative therapies?	4				
24	A client is suffering with irrational beliefs like "everybody must love me." How will you treat the client while using cognitive therapy of Aaron Beck?	4				
25	Explain the process of attitude formation?	4				
26	What are prejudice and explain different sources of prejudices in daily life?	4				
	PART - E					
27	Explain various projective techniques of personality assessment in detail?	6				
	OR					
	Explain humanistic approach of personality in detail?					
28	Explain various group formation stages of Tuckman in detail along with Group polarization?	6				
	OR					
	Explain conformity and its determinants along with the compliance techniques?					
End of the Question paper						